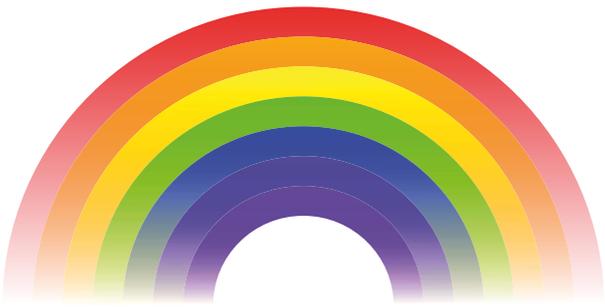


# THE COLLEGE NURSERY

## APRIL 2020 NEWSLETTER



### Thank you!

We would like to take this opportunity to thank our families for their continuous support during these difficult times. We are very happy that we are able to keep in touch with so many of you and are particularly enjoying seeing what you are all up to.

Please continue reading to find out how we can work together to support your child's development and how you can keep in touch with us at The College Nursery.

Also we would like to say a huge thank you to our families who are key workers and currently working to support our communities. We are very thankful to you!

### School Allocations 2020

For some of our families, this month is a very exciting and possibly daunting time – children who are born before September 2016 will be of school age this September 2020.

Parents that applied online can log onto the council's website from 16th April 2020 for National Offer Day to see which school their child has been offered. Allocation information will be published on the [Peterborough City Council](https://www.peterborough.gov.uk) website:

Due to the current COVID-19 situation, the Peterborough City Council Admissions team are working remotely, therefore contact to them is by email [admissions@peterborough.gov.uk](mailto:admissions@peterborough.gov.uk) Please ensure that you action this by accepting your offer online – this is relevant even if you are appealing.

Please could we also ask parents to email [nursery@peterborough.ac.uk](mailto:nursery@peterborough.ac.uk) to inform us what school your child has been offered a place at.

### Keeping in Touch

Although we are not in the nursery setting, please be assured that we are still here to support you in any way we can. You can contact us at anytime, particularly if you have any safeguarding concerns.

The College Nursery mobile number: **07925891008**

- The College Nursery email: [nursery@peterborough.ac.uk](mailto:nursery@peterborough.ac.uk)
- Adele's email: [adele.moore@peterborough.ac.uk](mailto:adele.moore@peterborough.ac.uk)
- Brogan's email: [brogan.rainey@peterborough.ac.uk](mailto:brogan.rainey@peterborough.ac.uk)
- Sarah (Pre-school) email: [sarah.baldry@peterborough.ac.uk](mailto:sarah.baldry@peterborough.ac.uk)
- Becky (Babies) email: [rebecca.marriott@peterborough.ac.uk](mailto:rebecca.marriott@peterborough.ac.uk)



## School Reports

Our pre-school practitioners are currently busy preparing reports for our school leavers, these reports will reflect their individual personalities and developmental abilities. Once finalised we will be sharing these with you before the end of the summer term so we can obtain your feedback and you will have the opportunity to make comments to your child's new school teacher.

These reports will then be sent to your child's new school so that they have a good understanding of your child prior to them starting.



## Your Child's Development

Despite our nursery setting being closed, we aim to ensure each child still has the opportunity to continue their learning, even be it remotely.

Your child's Key Person has been active on your child's Tapestry account, reviewing their development and setting suggestions of Next Steps. A lot of our families have already noticed this and have been implementing these Next Steps with their children, taking photographs and videos of fun activities and uploading these to Tapestry. Thank you to those who have started to implement this already, it will enable your child's Key Person to link your observations to the Early Years Foundation Stage Curriculum and record where they are developmentally, enabling the assessment process and allowing them to suggest further Next Steps.

We would love all of our families to engage and interact with this, so if anyone has any difficulties please do not hesitate to contact one of the management team, whose details you can find on the first page of this newsletter. Resetting passwords are easily done, please do let us know if you need any support.



## School Readiness

START is an easy guide which helps your child to be ready for school, ready to learn and ready to succeed. By helping your child to be prepared for school, it will build their confidence so that when they start, they will be confident, curious and ready to learn. Using positive encouragement can enable your child to feel good about themselves. Find out more by visiting the following link on the Peterborough City Council website. [START - School Readiness](#)

## Keeping in Touch

Please let us know what support you would like and suggestions for ideas and activities that we can give you.

We will be contacting you regarding how we can continue to support children with SEND, however feel free to contact us also.

**Remember we are a TEAM and together everyone achieves more.**



## Homemade Playdough

Reasons to love this playdough recipe:

- it's inexpensive
- lasts for months when properly stored
- you can customise your colours and other options
- it has great texture
- it's a fun project to keep your kids busy while still learning!
- promotes hand/eye coordination and developing fine motor skills

[Playdough recipe and instructions](#) on the DIY Natural website.

The following document has been provided by the Royal College of Paediatrics and Child Health.

## Advice for parents during coronavirus

Whilst coronavirus is infectious to children it is rarely serious. If your child is unwell it is likely to be a non-coronavirus illness, rather than coronavirus itself.

Whilst it is extremely important to follow Government advice to stay at home during this period, it can be confusing to know what to do when your child is unwell or injured. Remember that NHS 111, GPs and hospitals are still providing the same safe care that they have always done. Here is some advice to help:



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### If your child has any of the following:

- Becomes pale, mottled and feels abnormally cold to the touch
- Has pauses in their breathing (apnoeas), has an irregular breathing pattern or starts **grunting**
- Severe difficulty in breathing becoming agitated or unresponsive
- Is going blue round the lips
- Has a fit/seizure
- Becomes extremely distressed (crying inconsolably despite distraction), confused, very lethargic (difficult to wake) or unresponsive
- Develops a rash that does not disappear with pressure (the 'Glass test')
- Has testicular pain, especially in teenage boys

### You need urgent help:

Go to the nearest A&E department or phone 999



AMBER

### If your child has any of the following:

- Is finding it hard to breathe including drawing in of the muscles below their lower ribs, at their neck or between their ribs (**recession**) or **head bobbing**
- Seems dehydrated (dry mouth, sunken eyes, no tears, drowsy or passing less urine than usual)
- Is becoming drowsy (excessively sleepy) or irritable (unable to settle them with toys, TV, food or picking up) - especially if they remain drowsy or irritable despite their fever coming down
- Has extreme shivering or complains of muscle pain
- Babies under 3 months of age with a temperature above 38°C / 100.4°F
- Infants 3-6 months of age with a temperature above 39°C / 102.2°F
- For all infants and children with a fever above 38°C for more than 5 days.
- Is getting worse or if you are worried
- Has persistent vomiting and/or persistent severe abdominal pain
- Has blood in their poo or wee
- Any limb injury causing reduced movement, persistent pain or head injury causing persistent crying or drowsiness

### You need to contact a doctor or nurse today.

Please ring your GP surgery or call NHS 111 - dial 111

The NHS is working for you. However, we recognise during the current coronavirus crisis at peak times, access to a health care professional may be delayed. If symptoms persist for 4 hours or more and you have not been able to speak to either a GP or 111, then take your child to the nearest A&E



GREEN

### If none of the above features are present

- You can continue to provide your child care at home. Information is also available on NHS Choices
- Additional **advice** is available to families for coping with crying of well babies 
- Additional **advice** is available for children with complex health needs and disabilities.

### Self care

Continue providing your child's care at home. If you are still concerned about your child, call NHS 111 - dial 111

## Facebook

Many of our families have already joined our private Facebook group. This group has proven to be a huge success, which we are very pleased about and we hope you are all finding it as useful as we are. Thank you to all of the families who are sharing ideas, photographs and using the group to keep in contact with one another.

If you haven't joined our group and would like to, please follow the button below.

[Join our nursery Facebook group](#)

### Highlights so far:

- Sing and sign with Lewis – Lewis our Nursery Assistant shares some of our favourite nursery rhymes and songs, combining them with BSL
- Zarka sharing Nursery rhymes in Urdu
- Brogan sharing story time online
- Practitioners sharing craft and activity ideas
- The College Nursery Rainbow Challenge – we saw lots of beautiful Rainbows
- Becky giving snowball the snail updates
- Families using the group as an online community to keep in touch and share ideas on how to explain COVID19 to their children and keep them entertained and stimulated
- Links to virtual tours of zoos and farms
- Families and practitioners sharing photographs of their pets to celebrate national pet month

If you want to keep in touch but not through Facebook, please let us know and how we can do this, possibly through emails.

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## Internet Safety

- [Internet Matters](#) - for support for parents and carers to keep their children safe online
- [London Grid for Learning](#) - for support for parents and carers to keep their children safe online
- [Net-aware](#) - for support for parents and carers from the NSPCC
- [Parent Info](#) - for support for parents and carers to keep their children safe online
- [Thinkuknow](#) - for advice from the National Crime Agency to stay safe online
- [UK Safer Internet Centre](#) - advice for parents and carers



**Stay Home, Stay Safe**



Peterborough  
Regional College

